



Choose Health. Live Well.



Quad City Events

Taking place during Moon Walk 2010

This list has been compiled as an informational resource only for Team Captains and individuals participating in Moon Walk 2010. QCHI does not imply any endorsement of these events by including them on this list. The decision to participate in these events is entirely left to the discretion of the individual and is not related to the decision to participate in Moon Walk 2010.

Running and Walking events:

Day	Date	Time	Event	Location	Distance	Contact	Number
Sat	Apr 10	9:00am	Carl Sandburg College	Galesburg, IL	4mi,2mi	Glen Gustafson Jim Graham	309.342.1964 309.343.4947
Sat	Apr 17	8:30am	Run for Renewal	Davenport, IA	5k, 1/2Mi	Ann Schwickerath	563.324.0800
Sat	Apr 17	All Day	YMCA Healthy Kids Day	Various YMCAs		Christy Filby	309.797.3945
Sun	Apr 18	8:00am	Gilda's Run	Bettendorf, IA	5k, 1mi	Claudia Robinson	563.326.7504
Sat	Apr 24	9:00am	Steve's Old Time Tap Spring Chaser	Rock Island, IL	5k run, competitive walk	Holly Sparkman Jayna Gallagher	309.269.2141 309.721.6378
Sat	Apr 24	9:00am	Swedish Stomp	Bishop Hill, IL	5K & 1/3K Kids Skamperoo Race	Cheryl Dowell	309-927-3833

Day	Date	Time	Event	Location	Distance	Contact	Number
Sat	May 1	8:00 am	Illinois Marathon	Champaign, IL	Marathon, half, relay, 5k	Joe Bails	217.766.9008
Sat	May 2	10:00am	NAMI Walk	Davenport, IA	5k	Greg or Teri Pauline	563.388.9068
Sat	May 2	8:00am	Palmer n8k Charity Run	Davenport, IA	8k, 1 mile walk	Kara Birks	563.210.7550
Sat	May 2	8:00am	Steve Klooster Memorial (Dutch Days)	Fulton, IL	5k, 1/2 mi	Jean Roeder	815.589.4945
Sat	May 2	9:00am	ALS 5k Race	Galesburg, IL	5k walk/run	Teresa Thompson Glen Gustafson	getmeregistered.com
Sat	May 2 & 3	7:00am	Cornbelt Running Club 24-hour Run	Eldridge, IA	very long	Cornbelt Running Club	563.324.2250
Sun	May 3	9:00am	Cinco De Mayo Duathlon	Mount Joy, IA	3k, 17k, 3k	Jeff Castro	563.343.7132
Sat	May 8	8:00am	Bridge the Gap to Health	Quincy, IL	Half marathon, 10k, 5k	Kurt Struckman	active.com
Sat	May 8	9:00am	Miles for Melanoma	Augustana College	5k walk	Jennifer Johnson 309-797-3485 jenj67@sbcglobal.net Kristina - 563-508-0158 kristinal1207@yahoo.com or Carol - 309-799-3556	www.doinitfordeb.net
Sat	May 8	10:00am	Christopher & Banks MS Walk	Bettendorf, IA	Easy	Kelley De Long	319.447.1800
Sun	May 10	7:30am	QC Distance Classic	Rock Island, IL	Half marathon, 5k	Cornbelt Running Club	563.326.1942
Sat-Sat	May 15-22		QC in Motion Week	QC Community-wide week of events		Cristy Filby Wellness Executive Activate Quad Cities 309-797-3945 x247	For a detailed list of events and more information, visit: www.activatequadcities.org
Sat	May 15	8:00am	American Heart Association "Heart Walk"	The District of Rock Island	Choice of 1-3 miles	Kate Cullar	563-323-4321 or www.quadcitiesheartwalk.org
Sat	May 15	8:00am	United Way Imagination Library	Moline, IL	5k, Kid's fun run	Sandy Cameron	563.344.0326
Sat	May 15	8:30 am	CCC Race Against Crime	Rock Island, IL	5k & 1 mile	Connie Hayes	309.786.0345
Sat	May 22	5:00pm	The Wild 5	Davenport, IA	5k	Running Wild	563.323.7025
Fri	Jun 4	6:30 pm	Mustang Madness	Crow Creek Park, Bettendorf, IA	5k X-Country	Deena Simpson	deenasimpson6@att.net http://www.cornbelt.org/r/mm10app.pdf
Sat	June 5	7:00 pm kids @ 6	June Bug Jog	Hampton, IL	5k, kids fun run	Evelyn Watkins	309.496.9515
Sun	June 6	9:00am	S.M.A.R.T Summer Sizzler	Sterling, IL	5k	Steve Brenner	815.622.6063
Sat	June 12	8:00 am	Komen QC Race for the Cure	Moline, IL	5K, 1 mile	Honey Bedell	1-877-921-2873

Biking Events:

Sat. & Sun.	June 13th & 14th		TOMRV	Bettendorf, IA	106 miles to Dubuque 88 miles back		www.active.com
Sun	June 21		Ride the River	Quad Cities		River Action 563.322.2969	www.riveraction.org

Local Activity Clubs

Quad City Bicycle Club – <http://www.qcbc.org>
Blackhawk Hiking Club – www.geocities.com/blackhawkhikingclub/
Cornbelt Running – www.cornbelt.org 563.326.1942