



Choose Health Live Well



## MOON WALK 2010

### PARTICIPANT REGISTRATION FORM

*\*\* Please return this form to your team captain \*\**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

TEAM CAPTAIN: \_\_\_\_\_

ORGANIZATION: \_\_\_\_\_

Check here if you would like to be added to the QCHI Community email list.

Check here if you are **NEW** to Moon Walk (you have not participated in prior Moon Walks).

Check here if you do **NOT** accumulate at least 30 minutes of activity (exercise) most days of the week.

Moon Walk 2010 is a project of the Wellness Champions of the Quad City Health Initiative (QCHI). Between April 16, 2010 and June 11, 2010, the Quad Cities will compete with Peoria and Champaign-Urbana to “walk” a community total of 238,700 miles, the equivalent of one trip to the moon, and accumulate the highest number of miles per registered walker!

#### Waiver:

I certify that I am at least 18 years old and that I hereby waive any and all claims against the Quad City Health Initiative, its sponsors, affiliates, volunteers, and employees, from any personal injury I might incur in this event/program. I attest that I am physically fit and prepared for this event/program. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotions of this event/program.

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

If participant is 17 or younger, guardian signature is required.

**Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_