

TRINITY MEDICAL CENTER,  
THE QUAD CITY EATING DISORDERS CONSORTIUM, QUAD CITY HEARTS & MINDS,  
QUAD CITY HEALTH INITIATIVE, AND GENESIS PRESENT:

**“ASSESSMENT AND TREATMENT  
OF DISORDERED EATING:  
Update on Eating Disorders – Review and Recent Findings  
and  
Update on Obesity and Bariatric Surgery”**

**James E. Mitchell, M.D.**

**Tuesday, October 20, 2009  
Johnny’s Italian Steakhouse, Metro Room, Moline, IL**

**5:00pm – 5:30pm – Dinner and Registration  
5:30pm – 7:30pm – Lecture**

**Dr. Mitchell** received his M.D. from Northwestern University Medical School and completed a Residency from the Department of Psychiatry at the University of Minnesota. He concluded a Fellowship in Consultation-Liaison Psychiatry from the University of Minnesota. His professional organizations include, but not limited to, the Academy for Eating Disorders, the American Psychiatric Association, the American Society for Metabolic and Bariatric Surgery, the Eating Disorders Research Society, the Society for the Study of Ingestive Behavior, the World Psychiatric Association (Eating Disorders Section), and the National Eating Disorders Coalition (Research Committee). He currently is Professor and Chair, Christopherson Professor and Chair, and Chester Fritz Distinguished University Professor in the Department of Clinical Neuroscience at the University of North Dakota and Adjunct Professor, Department of Psychology, University of North Dakota.

**TARGETED AUDIENCE:** All physician specialties and other interested health care providers.

**LEARNING OBJECTIVES:** At the completion of the lecture session, participants should be able to:

1. Identify screening tools for eating disorders.
2. Summarize the diagnosis of eating disorders.
3. Describe medical management and treatment of eating disorders.
4. Discuss types of bariatric surgery.
5. Analyze complications associated with bariatric surgery.
6. Assess outcomes of bariatric surgery.
7. Recognize psychiatric issues associated with assessment and outcomes of bariatric surgery.

**Register for this dinner program by calling Deb Rigg at (309) 779-2103  
Or email to [riggd@ihs.org](mailto:riggd@ihs.org)**



This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education through the joint sponsorships of Trinity Medical Center, The Quad Cities Eating Disorder Consortium, QC Hearts & Minds, Quad City Health Initiative, and Genesis. Trinity Medical Center is accredited by the Illinois State Medical Society to sponsor continuing medical education for physicians.

Trinity Medical Center designates this educational activity for a maximum of 2 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Dr. Mitchell signed a disclosure statement indicating he has received grant support from  
GlaxoSmithKline, Lilly, and Pfizer.**